



Parents Helping Parents FASD Ontario

PARENTS HELPING PARENTS  
FASD ONTARIO PRESENTS

**DONNA DEBOLT:**  
**LEARNING TO ASK  
FOR & ACCEPT HELP  
A CRITICAL LIFE SKILL**

To be successful, individuals affected by FASD need to learn at an early age to be okay about asking for and accepting help because it is a critical skill we all require to get through life.

Donna Debolt, a nationally and internationally respected FASD specialist, educator, trainer and advocate will talk to parents and caregivers about their role as teachers in modeling when and how to ask for, accept and use help when it's needed.

**THIS IS A FREE VIRTUAL WORKSHOP  
SCHEDULED FOR SATURDAY, JANUARY  
14, 2023 FROM 1:00-4:00 P.M**

**TO SIGN UP VISIT:**

**<https://www.eventbrite.com/e/donna-debolt-tickets-490983513907>**