

# FASD: TOOLS, TRAINING AND DISCUSSION FOR PROFESSIONALS, PARENTS AND CAREGIVERS

## About the trainer

Sheila Burns: Sheila's background in children's mental health, justice, women's issues, and community development helped inform the emerging vision for FASD prevention and improved interventions. To build capacity, Sheila has developed tools to help guide practice; tools that help focus interventions and sharpen the use of resources while clarifying the needs of vulnerable children, youth and adults to their caregivers and professionals.

Sheila has held leadership roles to address individual and systemic issues related to FASD since 1998 including FASD Ontario Network of Expertise – chair and leads on the diagnostic and justice action groups, a fellowship with the Law Foundation of Ontario and is a member of the Ministry of Children, Community and Social Services FASD Expert Group.

## R.J Formanek

R.J. is the founder and key-administrator for "Flying with Broken Wings". He is also the co-founder of Red Shoes Rock. Stop FASD, an international advocacy initiative to build awareness of the reality and needs of persons living with FASD.

Celebrations  
35 Lindsay St N,  
Lindsay ON

November 8, 2019 9:00 am - 3:30 pm

November 15, 2019 9:00 am - 3:30 pm

**\*\* Must be available to attend both days.**

With Sheila Burns we will take a look at a fresh approach to FASD and training. The "My Kind of Mind" booklet and the "At A Glance" companion card are designed to explore multiple neurodevelopmental factors common in FASD. This helps the individual, caregivers and professionals build interventions that consider the diffuse brain injury and a pathway to reset expectations. For professionals, the FASD/ND Service Planning Guide is designed to help track relevant information that can inform diagnosis and enhance and direct therapeutic interventions, classroom placement, parenting, and plans of care.

Having obtained a diagnosis later in life, RJ Formanek has a number of unique insights about living with FASD. It is these nuggets of information, learned along the way, that he shares with others in hope of fostering a better understanding. RJ will talk about the developmental nature of FASD and what becoming an adult entails in today's society.

## Registration Fee

\$50.00 for Professionals and Community Partners

Parents and Caregivers no fee.

Morning snack and lunch provided.

To register go to  
[www.eventbrite.ca](http://www.eventbrite.ca)

Questions:  
Contact Kim Carson  
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